

Discipleship

TRIPLETS



A discipling “triplet” is a simple and flexible group of two to four that meets with the clear intention to grow together as disciples through forming God-filled habits / lifestyle and multiply. Usually single sex, these are peer-led groups similar to Wesley’s “bands” that fuelled a revival movement, meeting regularly to hold each other accountable in following Jesus.

THE QUESTIONS OVERLEAF WILL HELP US GO DEEPER TOGETHER WITH GOD, AND DISCERN JUST WHAT GOD IS SAYING TO EACH OF US AND WHAT WE NEED TO DO ABOUT IT.

GO THROUGH THE LIST OF QUESTIONS WITH EACH PERSON IN TURN

Since we last met....

1. Have you been able to meaningfully join with and serve your church family? (C: Community)*
2. Have you had a good balance of work and rest? (R: Recreate)*
3. Have you been honouring, understanding, and generous in important relationships this week?
4. Have you given in to any addictive behaviour or struggled with negative thought patterns?
Explain
5. Have you continued to be angry, frustrated or bitter towards anyone?
6. What is God doing among your “pray for five.”? Have you had opportunities to share God’s love? (e.g. SALTI conversations, acts of kindness, etc) (N: Networks)*
7. Have you entertained thinking or acted in ways about which your conscience is uneasy or would grieve the Holy Spirit? (e.g. coveting, dishonesty, lust / inappropriate media, manipulation or control etc)
8. Have you experienced being used, prompted or led by the Holy Spirit? What happened? (O: Offering)*
9. Have you completed your Bible reading? Did God speak to you? (W: Word)*
10. Individual Question
11. Have you been completely honest?

*CROWN is a framework we use to help us be intentional about our growth as disciples of Jesus.

WHAT IS GOD SAYING, AND WHAT ARE YOU GOING TO DO ABOUT IT?