



The **CROWN** Rhythm

DISCIPLESHIP TRIPLETS - NURTURE MATERIAL - WK6

AIM	For each member of the triplet to understand their identity as a “sent one” by Jesus and to start to pray into the mission he gives us. This builds the N - NETWORKS element of CROWN.
RECONNECT	Take a moment to tell the story of the week / time since you last met. Ask people to share in no more than a minute each: What are you thankful for? What stresses or challenges are you facing?
REVIEW	Ask the Accountability Questions: Have you completed your Bible Reading? Did God speak to you? Have you been able to meaningfully join with and serve your church family? Each member shares how they got on with the Homework. Celebrate progress and signs of God at work. Problem-solve where needed, focus especially where recurring obstacles to progress seem to be an issue. Try to get behind the problem. Is there a root cause to address?
INTRODUCTION	Watch this short video: https://www.youtube.com/watch?v=N4qEPRHSd8s&list=PL3Fqf6JxAZEtqeujtHcqASqAZvHkwFxoH&index=1
BIBLE	Follow the Read & Reflect sections of the Discovery Bible Method to look at Matthew 28:16-20 https://www.biblegateway.com/passage/?search=Matthew+28:16-20&version=NLT
RESPONSE	It will help to focus the “I will” response through the lens of what it means to be sent by Jesus as the Father sent him - and how we need the power for the Holy Spirit to be effective in this. (Verses 21-22).
PREDICTABLE PATTERNS	Remind each other that the aim of this triplet is to help build simple patterns (one at a time) that are filled with God and continue to pay out in our lives long after the habits have been established. The N - <u>Network</u> pattern is about sharing life and faith with those outside the church. Try and encourage an honest conversation. You could ask: How do I feel about being “Sent” by Jesus? Who is God sending me to? Who is God sending me with? What encouragement / equipping do I need?
HOMEWORK	Either: Keep a simple note of the people you meet (or would usually meet) through the week in the places you go? We will use this to ask God to highlight five you can start to pray for. Or: If you have already identified five people, incorporate the “Pray for Five” tool. (see postcard) into your routines. NEXT TIME, we will begin to explore how we can share faith naturally with others.
OPTIONAL HOMEWORK	Watch the other videos CROWN NETWORKS playlist: https://www.youtube.com/playlist?list=PL3Fqf6JxAZEtqeujtHcqASqAZvHkwFxoH
RESOURCES	Introduce the “Pray for Five” Postcard to those who have identified their “five.”

**BACKGROUND
NOTES**

HOW THE “NETWORKS” PATTERN FITS INTO THE WIDER TRIPLET MATERIAL

Our regular Triplets ask each other:
What is God doing among your “pray for five.”? Have you had opportunities to share God’s love? (e.g. SALTI conversations, acts of kindness, etc) (N: Networks)*

(We will start to use this question next week.)

This question helps us to look outward. The NETWORK patterns lead us to be consistently praying for people to come to faith. There are helpful prompt cards for “Pray for 5” and “SALTI”. We believe that if we genuinely ask God to give us 5 to pray for, he will put people in our path to pray for. Great resources to help us be sharp when using the SALTI framework as well as getting started with praying for five can be downloaded from the resources of the website.