



The **CROWN** Rhythm

DISCIPLESHIP TRIPLETS - NURTURE MATERIAL - WK4

AIM	For each member of the triplet to make or strengthen a pattern of meaningful connection with the church family. This builds the C - COMMUNITY element of CROWN.
RECONNECT	Take a moment to tell the story of the week / time since you last met. Ask people to share in no more than a minute each: What are you thankful for? What stresses or challenges are you facing?
REVIEW	Ask the Accountability Question: Have you completed your Bible Reading? Did God speak to you? Each member shares how they got on with the Homework. Celebrate progress and signs of God at work. Problem-solve where needed, focus especially where recurring obstacles to progress seem to be an issue. Try to get behind the problem. Is there a root cause to address?
INTRODUCTION	Watch this short video: https://www.youtube.com/watch?v=MP9LuKcXago&list=PL3Fqf6JxAZEvhEABYhdzxJGjWGVyPPzo&index=1&t=18s
BIBLE	Follow the Read & Reflect sections of the Discovery Bible Method to look at Acts 2:42-47 https://www.biblegateway.com/passage/?search=Acts%202:42-47&version=NIV
RESPONSE	It will help to focus the “I will” response through the lens of what it means to “be present.” For some this may be the step of turning up, for others it might be choosing to be more actively involved. For everyone, it may be useful to think about what it means to be present to God when we gather together (we will look at this some more next week.
PREDICTABLE PATTERNS	Remind each other that the aim of this triplet is to help build simple patterns (one at a time) that are filled with God and continue to pay out in our lives long after the habits have been established. The C - <u>Community</u> pattern is about belonging to and worshipping with the family of the church. Try and encourage an honest conversation. You could ask: What might be barriers to being more part of the church community? Where might our Culture and social norms around hospitality have shaped us to be overly independent / self reliant? What support might this group offer (with others) to make it easier for people to connect?
HOMEWORK	See worksheet overleaf. Get each person to reflect on their points of connection with the church community. How would they rate themselves on a scale of 1-7 from being passive to present in each setting. Next time we will tease out - What pattern of connection is God asking you to form? What pattern or simple step might help you become more present and interdependent rather than independent?
OPTIONAL HOMEWORK	Watch the other videos CROWN COMMUNITY playlist: https://www.youtube.com/playlist?list=PL3Fqf6JxAZEvhEABYhdzxJGjWGVyPPzo
RESOURCES	

MY CONNECTIONS WITH THE CHURCH FAMILY					
How often am I present at this church service, group or activity?	Never	Rarely	Some-times	Often	(Nearly) Always
9am or 10.45am Services at St Michael's					
Community Meetings (e.g. Networks, Chase Meadow, Hampton Magna, 9am)					
Prayer Meetings (e.g. 7pm Sunday Evening)					
Midweek Discipling Group					
Other Midweek / Saturday Groups (e.g. Alpha / Resting Space)					
Church Social Activities (e.g. "Oikos" meals, football etc)					
Informal get togethers with other church members (e.g. sharing food in each others homes / going out for coffee etc)					

MY CONNECTIONS WITH THE CHURCH FAMILY	
How "present" am I to others and God in these different church gatherings? (e.g. make a contribution / engage with others etc)	Passive _____ Fully Present
9am or 10.45am Services at St Michael's	Passive _____ Fully Present
Community Meetings (e.g. Networks, Chase Meadow, Hampton Magna, 9am)	Passive _____ Fully Present
Prayer Meetings (e.g. 7pm Sunday Evening)	Passive _____ Fully Present
Midweek Discipling Group	Passive _____ Fully Present
Other Midweek / Saturday Groups (e.g. Alpha / Resting Space)	Passive _____ Fully Present
Church Social Activities (e.g. "Oikos" meals, football etc)	Passive _____ Fully Present
Informal get togethers with other church members (e.g. sharing food)	Passive _____ Fully Present

BACKGROUND NOTES	<p>HOW THE "COMMUNITY" PATTERN FITS INTO THE WIDER TRIPLET MATERIAL</p> <p>Our regular Triplets ask each other: Have you been able to meaningfully join with and serve your church family? (C:Community)</p> <p>(We will start to use this question next week.)</p> <p>The related CROWN triplet guidance reads: The Community pattern of CROWN challenges us to choose to really belong and play our part in the Church Community. This is more than just 'turning up' - although that can be important - but finding our place, using our gifts, serving others and praying and worshipping together.</p>
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