



The **CROWN** Rhythm

DISCIPLESHIP TRIPLETS - NURTURE MATERIAL - WK10

AIM	For each member of the triplet to understand. This builds the O - OFFERING element of CROWN. This week we focus on being led by the Holy Spirit using practices around Obedience and Gifting.
RECONNECT	Take a moment to tell the story of the week / time since you last met. Ask people to share in no more than a minute each: What are you thankful for? What stresses or challenges are you facing?
REVIEW	Ask the Accountability Questions: <ul style="list-style-type: none"> - Have you completed your Bible Reading? Did God speak to you? - Have you been able to meaningfully join with and serve your church family? - What is God doing among your “pray for five.”? Have you had opportunities to share God’s love? (e.g. SALT conversations, acts of kindness, etc) - Have you had a good balance of work and rest? <p>Each member shares how they got on with their sabbath space / refreshment lists, what did they try? Encourage progress and troubleshoot blockages.</p>
INTRODUCTION	Watch this short video: https://www.youtube.com/watch?v=vUtoiWNhISc&list=PL3Fqf6JxAZEvrKUEXfo-ISTvhXvP68Gqj&index=5
BIBLE	Follow the Read & Reflect sections of the Discovery Bible Method to look at 1 Peter 4:8-11 https://www.biblegateway.com/passage/?search=1 Peter 4:8-11&version=NIV
RESPONSE	A simple children’s worship song, goes, <i>“Lord, would you hear my simple prayer? Use me today, use me today! I will listen, and I will obey, Use me today I pray!”</i> When was the last time you felt God used you? Maybe, more tellingly, when was the last time you asked him to?
PREDICTABLE PATTERNS	There is nothing more exciting than experiencing God use us, and it’s something that every Christian can expect. In this session we look at how to position ourselves to be “Led by the Spirit” more in our day to day lives.
HOMEWORK (See optional homework overleaf)	OFFERING - OBEDIENCE & GIFTING It can be easy to go through the week on cruise control or autopilot, often oblivious to where the Lord may be at work. The WORD pattern helps us abide with Jesus and grow in character and the fruit of the Spirit, this practice encourages us to set aside some specific time to listen to God Use the prompts in the Journal - <i>linked below</i> - to help you listen. Discerning the Spirit’s leading can take time*, but for simple guidance, don’t dismiss the immediate prompt or thought that comes to mind. Instead, note it down, and, having confirmed it is not out of line with Scripture, act upon it. As you do, you’ll learn which prompts are God and become more attuned to his leading as you see him use you. Going forwards, adopt this pattern as often as is realistic for you, e.g. daily / weekly / monthly. <i>“For those who are led by the Spirit of God are the children of God.” Romans 8:14</i>
RESOURCES	*Our prayer team have great resources to help you grow in hearing God. Download the “Listening to God Journal” here: https://static1.squarespace.com/static/5cdd610185ed740001053f60/t/6491bb8e6dd340781e9e1a0f/1687272342509/Listening+to+God+Journal.pdf

OPTIONAL HOMEWORK	Watch the other videos CROWN OFFERING playlist: https://www.youtube.com/playlist?list=PL3Fqf6JxAZEvrKUExfo-IStvhXvP68Gqj
BACKGROUND NOTES	HOW THE “OFFERING” PATTERN FITS INTO THE WIDER TRIPLET MATERIAL Our regular Triplets ask each other: Have you experienced being used, prompted or led by the Holy Spirit? What happened? (O: Offering) Of course we listen to God in the scriptures, but there is a place to remain open to the Holy Spirit throughout each day. This can be in all kinds of ways - noticing something that encourages us, being prompted to respond to a need or speak, discerning something hidden, prompted to pray for someone who is sick, sharing a spiritual gift in a church meeting, etc. It may be that early answers to this question are a regular NO! It could be that someone needs to learn to slow down, to stop and listen. Others may have little experience of listening to the Lord and need to grow in confidence - the church team are happy to help and ministries like The Well offer regular training. Nonetheless, over time we are looking to cultivate a culture in the church of a Spirit led lifestyle.